St Johns GAA CLUB

CLUBS COACHING PHILOSOPHY

"FUN, RESPECT, MANNERS, COMMITMENT, DEVELOPMENT"

YOUNG PLAYERS should be entitled to: • Be safe and feel safe. • Have fun and experience a sense of enjoyment and fulfilment. • Be treated with respect, dignity and sensitivity. • Comment and make suggestions in a constructive manner. • Be afforded appropriate confidentiality. • Participate in games and competitions at a level at which they feel comfortable. • Be listened to. • Make their concerns known and have them dealt with in an appropriate manner. • Be protected from abuse.

Our Children's Officers are Ciaran Feeney 0878395889 <u>ciaran.feeney1234@gmail.com</u> and Olivia Flannery 0877782233 <u>okmcloughlin@yahoo.ie</u>. These are the people you contact if you need to under Children First-Safeguarding."

YOUNG PLAYERS should always: • Play fairly, do their best and enjoy themselves. • Respect fellow team members regardless of ability, ethnic origin, cultural background or religion. • Support fellow team members whether they do well or not so well. • Represent their team, their club and their family with pride and dignity. • Respect all coaches, mentors, officials and their opponents. • Be gracious in defeat and modest in victory. • Shake hands before and after the game irrespective of the result. • Inform their coach/mentor/manager when they are unavailable for training and games. • Talk to the Club Children's Officer with any concerns or questions they may have. • Adhere to acceptable standards of behaviour and have good manners. • Tell somebody else if they or others have been harmed in any way. • Take due care of club equipment.

YOUNG PLAYERS should not: • Cheat – always play by the rules. • Shout at or argue with an official, team mates or opponents or use violence. • Use unfair or bullying tactics to gain advantage or isolate other players. • Spread rumours. • Tell lies about adults or other young people. • Play or train if they feel unwell or are injured. • Use unacceptable language or racial and/or sectarian references. – Never record or use mobile phones in dressing room. Never send images via mobile data of players/coaches/club members. Never intimidate or undermine a persons character nor defame any person.

Code of Conduct for Parents/Guardians

Parents/Guardians have an influential role to play in assisting and encouraging their children to adopt a positive attitude and in encouraging them to maintain an involvement in sport. They should always be a good role model for their children. Parents/Guardians should encourage their child to: • Play by the rules. • Improve their skills levels. • Appreciate everybody on their team, regardless of ability. • Maintain a balanced and healthy lifestyle with regard to exercise, food, rest and play. Seek advice if necessary from club officials on this issue. Parents/Guardians should lead by example:

- Respect officials' decisions and encourage children to do likewise. Do not exert undue pressure on your child. Never admonish your own child or any other child for their standard of play. Respect the Coaching philosophy of the club.
- Be realistic in their expectations. Show approval for effort, not just results. Never embarrass a child or use sarcastic remarks towards a player. Applaud good play from all teams. Don't criticise playing performances. Identify how improvements may be made. Do not seek to unfairly affect a game or player. Do not enter the field of play or play area unless invited to do so by an official in charge.

Parents/Guardians should: • Complete and return the registration/permission forms for their child's participation in the club. • Inform the mentors of any change in their child's medical or dietary requirements prior to coaching sessions, games or other activities. • Ensure that their child punctually attends coaching sessions/games or other activities. • Provide their child with proper clothing and equipment. • Ensure that the nutrition/hydration and hygiene needs of their child are met. • Avoid asking a child or young person, 'How much did you score today or what did you win by or what did you lose by.' Ask them 'did they enjoy themselves'. • Listen to what young people have to say. • Show approval whether the team wins, loses or draws a game. • Never attempt to meet their own needs and aspirations for success and achievement through their children's participation in games. Parents/Guardians should assist their club by: • Showing appreciation to volunteers, mentors and club officials. • Attending training and games on a regular basis. • Assisting in the organising of club activities and events as requested. • Respect the rights, dignity and worth of every person and treat each one equally regardless of age, gender, ability, ethnic origin, cultural background or religion.

Parents/Guardians have the right to: • Know their child is safe and to make a complaint if they believe that their child's safety is in any way compromised. • Be informed of problems/concerns relating to their child. • Be informed if their child gets injured. • Complain if they have concerns about the standard of coaching. • Have a say in relation to decisions being made within the club.

Breach of the Code of Conduct: If there is any breach in the code of conduct and after fair procedures are adhered to by the club, a player will be removed as a member from the Club (at the clubs discretion).

Remember

The players are children: The Coaches are Volunteers: The Referees are Human: This is not the All-Ireland Final: First Priority is having fun.

RESPECT and GOOD MANNERS are Essential components and EXPECTED from every St. John's GAA Player: Thank You – St. John's GAA Club