



Code of Conduct Janesboro Football Club

Guide for Parents / Guardians

Parents/Guardians play an important role in promoting children's happiness and success in football and sport in general. Parental expectations and behavior have significant bearing on children's attitude and behavior while participating in football.

Parents/Guardians need to be aware of why children want to play football. Children want to learn new skills, make new friends, be part of a group, to win and be successful, experience challenges, excitement and action. While winning is important, it must be remembered that winning at all costs does not meet the needs of players. Results are not necessarily a good indicator of coaching effectiveness or ability, the improvement level of players and their level of enjoyment is. Support and encouragement from Parents/Guardians will contribute to children having enjoyment and success in football. All children play football because they first and foremost love the game - its fun.

It is important to remember that however good a child may become at football within Janesboro Football Club it is important that we reinforce the message to parents that positive encouragement will contribute to:

- Children enjoying football.
- A sense of personal achievement.
- Improving the child's skills and techniques.
- Improved physical fitness.
- Higher self-esteem .
- Improved social skills.

It is important for Parents/Guardians to find out what their children want from football, and help them to set realistic targets to achieve this. This may involve controlling their own aspirations and avoiding the desire to force their own dreams or unfulfilled ambitions on them. It is important to:

- Encourage but not force children to be active.
- Know when he/she are ready to play.
- Encourage healthy lifestyle habits.
- Attend training and games where possible
- Promote and teach FAIR PLAY
- Teach your child to treat referees, other players, coaches, officials and spectators

- with respect regardless of race, creed, color, sex or ability.
- Help children to set realistic targets.
- Help children with decision making.

Parents / Guardians should never:

- Insult players or club personnel.
- Argue with, or shout abuse at officials and they should actively discourage children or young players from doing likewise.
- Suggest or encourage cheating, aggressive or "dirty" play.
- Placing undue or inappropriate criticism on a player, causing the player unnecessary or unhealthy levels of stress.
- Behave with physical or verbal aggression towards another person (actually use force or threaten the use of force).
- Engage in any "harassment" type of behavior.
- Ignore or dismiss complaints or concerns expressed by a child which relate to his/her involvement in soccer
- Ridicule or shout at a child for losing a game or making a mistake.
- Treat any club as a child minding service.
- Take safety for granted .
- Put undue pressure on any child to please or perform well.

Most importantly Parents/Guardians should: **“LEAD BY EXAMPLE”**

A parent’s expectations and attitudes have a significant bearing on a child's attitude towards:

Other players.

- Officials
- Managers and Coaches.
- Spectators.

Parent / Coach Co-Operation

It is important that Parents/Guardians establish contact with the individual responsible for coaching their child. In addition, Parents/Guardians should:

Give the coach help when asked and show appreciation for a job well done.

Support the coach’s and referee decisions.

These individuals are only doing the best the can and they need support not anger.

Refrain from contacting the coach unless it is necessary, respect they have a private life.

Inform the coach about any illness, injury, holidays, etc.

Parents/Guardians or dedicated person for the child must be present at training session and all games.

Communicate any concerns you may have to the coach

Be positive or be quiet, negative comments are counter productive

Conduct themselves in such a way which promotes the definition of FAIR PLAY

Be prepared to be asked to leave by officials or club personnel if behavior is contrary to the definition of FAIR PLAY.

Encourage FAIR PLAY at home and do not instill a “win at all costs” attitude in children

At Janesboro Football Club we want to ensure that the parents of our children are always positive and encouraging towards all children and not just their own. We therefore encourage you to:

Not to criticize your child on any part of the Player’s game, leave this to the coaches since it may cause confusion and erode the Player’s confidence.

- Be your child’s best fan and support him unconditionally. Don’t withdraw your love when he performs below his standard.
- On transporting your child home, please be supporting and always focus on the positive aspects of his game.
- Develop a responsibility in your child to pack his own kit, clean boots and bring along his water bottle full of water only.
- Respect the facilities at Janesboro Football Club and our opponents’ grounds.
- Do not allow any of your young children to roam around the facilities, please also do not allow them to play on or around any goal posts, this could be dangerous.
- Do not criticize your child’s coach to your child or other parents, if you are not happy with the coach you should raise the issue with the coach and follow the procedure laid out in the “Complaints/Grievance Procedure”
- Encourage your child to speak with the coach. If your child is having difficulties in training or games or can’t attend training etc encourage him/her to speak directly to the coaches. This “responsibility taking” is a big part of becoming a mature person. By handling off the field tasks, your child is claiming ownership of all aspects of the game.
- Monitor your child’s stress level at home. Keep an eye on the Player to make sure that they are handling stress effectively from the various activities of life.
- Monitor eating and sleeping habits. Be sure that your child is eating the correct foods. Players should be in bed at 9.30 pm on the night before a game and early enough on other nights to ensure that adequate rest is being taken.
- Help your child keep his/her priorities correct. He/She needs to maintain a focus on schoolwork, relationships, and other things in life besides football. However you and he/she have made a commitment to the Club so help them to honor that commitment
- Help the young Player to focus on the performance and not the result. Winning is not as important as the performance.
- Support all the Players in your child’s squad.
- Do not criticize any other Players in the squad.
- Do not criticize the opponents, their parents, coaches or the referee.
- View the game from the designated areas for spectators.

We would ask all parents to agree and adhere to Janesboro Football Club Code of Conduct.

Club officials may ask any parent who abuses the above policy to leave the clubs grounds.

Parents must also note parents who abuse the above policy may be asked to leave Janesboro Football Club.

Should the Parents/Guardians have any grievance or complaint then they shall follow the procedures set out in the Complaints/Grievance Procedure.

Signed

Parent

Complaints/Grievance Procedure

Any abuse of the above code by a parent must be reported to the Janesboro Football Club committee immediately and to the club Child Safety Officer where appropriate. A form may be got from the Child Safety Officer or from any committee member. It must be then completed and immediately given to Janesboro Football Club committee or club Child Safety Officer. All matters relating to the above will be dealt with the by any of the Janesboro Football Club Committee