



GWEEDORE UNITED FOOTBALL CLUB

Rules and Responsibilities for Players, Parents and Coaches 2023

PLAYERS

1. Work hard, have fun and give your best effort every time you are on the field for practice or a match.
2. Wear all required gear i.e.: Shin guards, boots etc. Astro shoes or mouldie boots **MUST** be worn on all weather training pitch.
3. Be on time for all games and **TRAINING**.
4. Disrespectful behaviour to coaches, referees and other players will **NOT** be tolerated.
5. The use of indecent or profane language is unacceptable.
6. Fighting, horseplay or any physical or verbal abuse will **NOT** be tolerated.
7. No breaking or damaging club property, this includes the kicking of footballs in the club house.
8. Winning and losing is part of the game, so shake hands with your opponents and thank the referee after the game.
9. All players must remove and clean boots outside of dressing rooms following matches and training.
10. All players must return all parts of kits provided (shirt, shorts & socks) by club immediately following matches. All parts of the kit should be turned out (as worn) properly to ensure a good quality wash for next match.
11. Each player must pay the required fees as set out by club at beginning of each season. This will cover registration, insurance and facility costs i.e. E.S.B. Costs. (Large family's fees can be revised by Club committee.)

PARENTS

1. If unable to attend a match, please notify your child's coach.
2. Ensure that your child brings all required equipment to training and matches.
3. When leaving your child at training or a match make sure the activity is going ahead before leaving.
4. Support your child's coach and help when you can. Disagreements with your child's coach **DOES NOT** belong on the pitch. Questions, input and positive suggestions should be voiced to the coach in the absence of players.
5. Parents are encouraged to come and watch training and matches, but should not shout instructions from the side lines. This causes confusion. Players should listen for the coaches and referees instructions only.
6. Parents are expected to set a good example for the children at all times by their positive behaviour, sportsmanship, attitude and language. Abusive language/behaviour or physical assault is not acceptable.
7. Parents are expected to demonstrate respect for the referees.
8. Parents are not allowed into changing room before or during half time. Players and coaching staff only.
9. Show appreciation for volunteers, coaches, officials and administrators. Without them, your child could not participate.

COACHES

1. Coaches are expected to demonstrate good sportsmanship and treat players fairly.
2. Organise training for children to have fun and to coach football fundamentals appropriate to the age group.
3. Provide a safe environment and ensure players safety.
4. Allow each player maximum amount of time possible on the pitch during a match.
5. Know the rules, respect the referees and act in a controlled manner on the pitch.
6. Disrespectful behaviour to players, other coaches, spectators or referees will **NOT** be tolerated.
7. Ensure players are playing in the appropriate age group. No over age players.
8. Coaches are expected to ensure that all equipment is provided and maintained.
9. Coaches should attend all courses as provided by club.
10. Coaches are expected to show a good example around players' i.e. No smoking/language etc.
11. Coaches must ensure that each player pays the required fees as set out at the beginning of every season to cover registration, insurance and facility costs throughout the season.
12. Coach must ensure that no training takes place on main playing field.

THE MISUSE OF SOCIAL MEDIA BY PLAYERS /PARENTS /COACHES TOWARDS CLUB MEMBERS/OTHER PLAYERS/OFFICIALS ETC WILL NOT BE TOLERATED BY THE CLUB AT ANY TIME