

## Muckross Hockey Club Junior Players Code of Conduct & Behaviour

### **I am entitled to:**

- Be safe and to feel safe
- Be listened to
- Be believed
- Have fun and enjoy hockey
- Have a voice in relation to my activities within hockey
- Be treated with dignity, sensitivity and respect
- Participate on an equitable and fair manner, irrespective of ability, disability, gender, religion or social/economic class.
- Experience competition at a level at which I feel comfortable
- Make complaints and have them dealt with
- Get help against bullies
- Say No
- Protect my own body
- Talk to the Club children's officer if I have any problems
- Confidentiality

### **I will always:**

- Treat Sports Leaders with respect, (including administrators, coaches, umpires, managers, children's officers, club officials or others in authority.)
- Look out for myself and the welfare of others
- Play fairly at all times, do my best
- Be organised and on time
- Wear appropriate club uniform to training and/or matches.
- Tell a person in charge if I am leaving a venue or competition before a training session or match is declared over
- Respect team members, even when things go wrong
- Respect opponents, and will be gracious in defeat
- Abide by the rules set down by team managers when travelling to away events, representing the club.
- Behave in a manner that avoids bringing Hockey or Muckross Hockey Club in any way into disrepute

**I should never:**

- Cheat
- Use violence or physical contact that is not allowed within the rules
- Shout or argue with officials, team mates or opponents
- Harm team members, opponents or their property
- Bully or use bullying tactics to isolate another player or gain advantage
- Take banned substances
- During events under the auspices of the Club, the LHA or the IHA consume alcohol, smoke or engage in sexual behaviour
- Keep secrets, especially if they have caused or could cause harm
- Tell lies about adults / young people
- Spread rumours
- Discriminate against other players on the basis of gender, disability, social class, religion or nationality
- Place negative, disparaging or offending messages or images that are hurtful to other people on websites or in social media (twitter, snapchat, Instagram, WhatsApp etc.). **THINK BEFORE YOU CLICK.**

***Please note:***

***Sanctioning may apply if necessary for any player who has breached the above Code of Conduct or whose behaviour is deemed by the Coaches and Volunteers to be inappropriate while representing Muckross Hockey Club.***