



Players Code of Conduct

- Play for enjoyment and become part of the rugby family.
- Respect the “Game of Rugby” and play within the laws of the Game.
- Accept the referee’s decision and let your captain or coach ask any relevant questions.
- Play with control. Do not lose your temper.
- Always do your best and be committed to the game, your team and your club.
- Be a “good sport”. Applaud all good play whether by your team or the opposition.
- Respect your opponent. Treat all players as you would like to be treated. Do not “bully” or take advantage of any player.
- Rugby is a team sport and make sure you cooperate with your coaching team (Head Coach, Forwards Coach, Backs Coach, Team Manager, First Aider); team mates and members of your club.
- Remember that the goals of the game are to have fun, improve your skills and feel good.
- At the end of the match thank your opponents and the referee for the match.
- Always remember that you owe a duty of care to your opponents. Tackle hard but fairly, do not intend to hurt your opponent.
- Winning and losing is part of sport: Win with humility – lose with dignity.
- As part of the team it is important that you attend training regularly and listen to your coaching team and help your team.
- As a team sport it is important to understand that all members are important to the team!
- Remember you are representing your team, club, family and the Game of Rugby