

# Fairview Rangers AFC



**The View**

## Code of Conduct

# CODE OF CONDUCT FOR COACHES

- Coaches have an important role to play in promoting good practice in children's sport. They should have, as their first priority, children's safety and enjoyment of the sport.
- The following is a summary of the main responsibilities of the coach:
- To demonstrate leadership and good sportsmanship,
- To act as a positive role model at all times,
- To treat each player fairly with dignity and respect,
- To have organized training sessions focusing on the soccer fundamentals and the development of skills in an age appropriate manner,
- To ensure a safe environment (e.g. arrive at training on time and remain after until every child is picked up by an authorised adult, ensure that any equipment conforms to any club/FAI guidelines, check training area ),
- To contribute positively to the development of each player's self-esteem ,
- To help each player set realistic and attainable individual and team goals,
- To give parents a timetable of training and games and establish a system for informing parents of games/training sessions,
- To allow each player to participate, establish a minimum playing time (check club/league rules).
- **The Qualities of a good coach**
- Good coaches possess some fundamental qualities. It is not all about your win/loss record. Ironically, you can do a great job coaching and still not win. Conversely, you can have a successful record by just having the good fortune of better players. Regardless of the level you are coaching, the game should be a fun and a learning experience for your players.
- A good coach must:
- **Be enthusiastic** Enthusiasm is infectious. Regardless of how your day (or night!!) went, always show up to practice with enthusiasm.
- **Have integrity** Coach and play by the rules. Set an example of good sportsmanship after every game, regardless of the result. Be honest and upfront with players and parents.
- **Be a good listener** Listen to your players' problems or concerns. Encourage feedback regarding games and training sessions
- **Set high standards** A good coach will always challenge his players to higher standards both on and off the field
- **Be organised** If there is one controllable factor in coaching it is organisation. Good coaches plan ahead and consider all aspects. In relation to training be prepared for when your players arrive and have your session ready to go. Please note we are responsible for children for the duration of training so it is vital that you are there at the start and all children have been collected before you leave.
- **Be knowledgeable** You should have knowledge of the basic principles of the game: skills, tactics, laws, safety, management, nutrition and fitness. You should aim to have the appropriate FAI Coaching course completed that is appropriate to the age group you are working with.
- **Eager to learn** To continue your development you should obtain a coaching certificate, attend clinics, read books, watch dvds and talk to other coaches with greater experience.
- **Please Note**
- Never use **bad language** or **intimidate children** as it is totally counter productive and therefore serves no purpose. After a game review performance very briefly and only emphasize the positives. Your next training session is the place to be detailed and comprehensive. Sometimes after a loss, frustration can rule. It is good policy to restrain your comments until after you have had an opportunity to reflect on the game.
- **No Smoking policy** applies to training and matches.

# CODE OF CONDUCT FOR PLAYERS

- *Children should realise that they have responsibilities to treat other children, fellow players, coaches and volunteers with fairness and respect.*
- **In this regard children in FAIRVIEW RANGERS should undertake to:**
- play fairly, do their best and have fun
- be on their best behaviour at all times
- abide by all club rules
- make high standards of Fair Play the standard others want to follow
- respect opponents, they are not the enemy, they are partners in a sporting event
- shake hands before and after the match, whoever wins
- give opponents a hand if they are injured, put the ball out of play so they can get attention
- accept apologies from opponents when they are offered
- respect fellow team members and support them both when they do well and when things go wrong
- treat players from minority groups with the same respect you show other people
- be modest in victory and be gracious in defeat- ***“Be A Sport”***
- approach the club Children’s Officer with any questions or concerns they might have. Coaches and parents should encourage children to speak out and support them in doing so.
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- **Children in FAIRVIEW RANGERS should not:**
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- cheat
- use abusive language, or argue with, the referee, officials, team mates or opponents
- use violence, use physical contact only when it is allowed within the rules
- bully
- tell lies about adults or other children
- spread rumours
- take banned substances to improve performance
- keep secrets about any person who may have caused them harm
- behave in any manner that may bring the name of FAIRVIEW RANGERS into disrepute

# CODE OF CONDUCT FOR PARENTS AND GUARDIANS

- Parents play an important role in promoting children's happiness and success in football and sports in general. To assist the development of your child as a soccer player and to ensure he/she enjoys his involvement with FAIRVIEW RANGERS you have a role to play.
- We would consider the following as important responsibilities for parents/guardians:
- To transport your child to and from training sessions/games on time. In relation to this please note that your child is not considered under the club's supervision except for the duration of the organised activity. Please do not drop your child off in advance of the start time and please collect your child at the appointed finish time . *It is important to ensure that the activity is going ahead before you leave. Please check the finish time.*
- To be positive and supportive of all the players (criticism does not improve performance),
- To help your child understand that he/she is contributing to a team effort,
- To focus on developing skills and having fun, not necessarily on winning,
- To avoid material rewards for your child (the reward is the fun of playing and being part of the team),
- To attend games and support the team when possible,
- To refrain from criticising opponents; be positive with all the players,
- To respect referees (they will make mistakes, but they are doing their best),
- To respect coaches and club officials,
- To refrain from coaching your child during games-too many instructions can confuse children.
- To respond promptly to communications you receive from your child's coach. It is important for the coach to be aware if your child will or will not attend a match or training session.
- Remember for your child to prosper with Fairview Rangers AFC he/she needs a supportive home environment. Please take a moment to read the FAI's Code of Conduct and Good Practice for Parents and Guardians