

CODE OF CONDUCT.



**C.L.G. Béal
Átha'n
Ghaorthaidh.**



Our Games, Our Code.

The Code of Conduct addresses the minimum appropriate levels of behaviour, practice and conduct required from our Young Players, Coaches, Supporters, Parents/Guardians, Referees and Clubs. The Gaelic Athletic Association, the Camogie Association and the Ladies Gaelic Football Association have endorsed this Code so that it assists those who promote and deliver our Gaelic Games.

The Code covers underage players, Coaches, Parents and Supporters.

Young Players can benefit greatly from sports in terms of personal development and enjoyment. Our players are encouraged to realise that as a result of their participation in our Gaelic Games that they also have a responsibility to treat other players and officials with fairness and respect. With rights there will always be responsibilities. Young Players and those who work with them in our Associations are required to 'sign up' and abide by this Code of Conduct and to any other policies or codes in our Clubs or National Governing Bodies.

The safeguarding of our members will always be a key priority as we recognise that the welfare of the child is of paramount importance in our work. Our aim is to ensure that young people and children who play our games receive the best possible care, attention and protection while participating in our Gaelic Games. Should a breach of the Code be alleged, or when people may refuse to adhere to the contents of the Code, certain



actions may be deemed necessary and appropriate to protect the integrity of our work with children and young people and also to ensure that they receive the best possible care, attention and protection while participating in our Games.

It is recommended that Coaches, Parents/Guardians and Players sign this Code of Conduct and present the signed document, as a commitment of its implementation, to their Club Children's Officer.

Alleged breaches of this Code may therefore be enquired into, following any such enquiry, and where necessary, **sanctions deemed, or disciplinary action may be taken against those who have been proven to have breached the Code of Conduct.**

This Code applies to all persons playing, participating or attending our games and activities.



Player Responsibility:

The following describes the responsibilities and expectations of players representing C.L.G. Béal Átha'n Ghaorthaidh.

YOUNG PLAYERS SHOULD ALWAYS:

- Play fairly, do their best and enjoy themselves.
- Respect fellow team members regardless of ability, cultural or ethnic origin, gender, sexual orientation or religious beliefs.
- Support fellow team members regardless of whether they do well or not.
- Represent their team, their Club and their family with pride and dignity.
 - Respect all Coaches, Officials and their opponents.
- Be gracious in defeat and modest in victory.
- Shake hands before and after a game as part of the Give Respect Get Respect initiative, irrespective of the result.
- Inform their Coach/Mentor/Manager in advance if they are unavailable for training and games.
- Take due care of Club equipment.
- Know that it is acceptable to talk to the Club Children's Officer with any concerns or questions they may have.
- Adhere to acceptable standards of behaviour and Béal Átha'n Ghaorthaidh Code of Discipline.
- Tell somebody else if they or others have been harmed or bullied in any way.



YOUNG PLAYERS SHOULD ENGAGE IN GOOD PRACTICE:

- Never cheat – always play by the rules.
 - Never shout at or argue with a game's official, with their Coach, their teammates or opponents and should never use violence.
- Never use unfair or bullying tactics to gain advantage or isolate other players.
- Never spread rumours.
- Never tell lies about adults or other young people.
- Never play or train if they feel unwell or are injured.
- Never use unacceptable language or racial and/or sectarian references to an opponent, a fellow player or official by words, deeds or gesture.
- Never consume non-prescribed drugs or performance enhancing supplements.
- Never use a phone to record, photograph or share inappropriate images of other team members.

Alleged breaches of this Code may therefore be enquired into. Following any such enquiry, and where deemed necessary, sanctions or disciplinary action may be taken against those who have been proven to have breached the Code of Conduct.



Any player under 18yrs of age is considered a child; therefore, their parents have a responsibility to engage with the above guidelines.

Coach, Mentor and Trainer Responsibility:

The following describes the responsibilities and expectations of coaches, mentors and trainers representing C.L.G. Béal Átha'n Ghaorthaidh.

- Ensure that all of your players are suitably and safely attired to play their chosen sport. e.g. gum shields.
 - As a coach always be punctual and properly attired.
 - Be accompanied by at least one other adult at coaching sessions, games and in underage team dressing rooms.
- Set realistic – stretching but achievable – performance goals for your players and teams.
- Keep a record of attendance at training and at games by both players and coaches.
- Ensure continual contact between coaches of other codes to avoid clashes in training schedules and matches.
- In communication with coaches of other codes, ensure a balance between training and games is adhered to across codes and age groups.
- Rotate the team captaincy and the method used for selecting teams so that the same children are not always selected to the exclusion of others.
- Ensure in agreement with opposing teams and where possible that all players get game time.



- Keep a record of any injuries and actions subsequently taken. Ensure that another official/referee/team mentor is present when a player is being attended to and can corroborate the relevant details.
- Make adequate provision for First Aid services.
- Do not encourage or permit players to play while injured.
- Be aware of any special medical or dietary requirements of players as indicated on the medical consent/ registration forms or as informed by parents/guardians.
- Be willing to keep the necessary and emergency medication of players in a safe and accessible place in accordance with the wishes and permission of the parents/guardians.
- Do not administer medication or medical aid unless you are willing to do so and have received the necessary training to administer such aid.
- Use mobile phones, if deemed appropriate, only via a group text or email system for communicating with the parents/guardians of players. Any exception to this form of group texting can only be proceeded with following permission from parents/guardians.
- Do not communicate individually by text/email with underage players.
- Ensure that all dressing rooms and the general areas that are occupied by your players and other Club personnel, prior to, during or immediately following the completion of any match are kept clean and are not damaged in any way.



- Do not engage in communications with underage players via social network sites.
 - Encourage parents/guardians to play an active role in organising and assisting various activities for your teams and your Club.
 - If it is necessary to transport a child/young person in your car, ensure that they are seated in a rear seat with seat belts securely fastened and that all drivers are adequately insured.
 - With the exception of their own child a coach should not transport a child alone, except in emergency or exceptional circumstances.
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Player Responsibility:

The following describes the responsibilities and expectations of players representing C.L.G. Béal Átha'n Ghaorthaidh.

YOUNG PLAYERS SHOULD BE ENTITLED TO:

- Be safe and feel safe.
- Have fun and experience a sense of enjoyment and fulfilment.
- Be treated with respect, dignity and sensitivity.
- Comment and make suggestions in a constructive manner.
- Be afforded appropriate confidentiality.
- Participate in games and competitions at levels with which they feel comfortable.
- Make their concerns known and have them dealt with in an appropriate manner.



- Be protected from abuse.
- Be listened to.
- Be given adequate playing time to assist in the development of their playing skills.

YOUNG PLAYERS SHOULD ALWAYS:

- Play fairly, do their best and enjoy themselves.
- Respect fellow team members regardless of ability, cultural or ethnic origin, gender, sexual orientation or religious beliefs.
- Support fellow team members regardless of whether they do well or not.
- Represent their team, their Club and their family with pride and dignity.
- Respect all Coaches, Officials and their opponents.
 - Be gracious in defeat and modest in victory.
- Shake hands before and after a game as part of the Give Respect Get Respect initiative, irrespective of the result.
- Inform their Coach/Mentor/Manager in advance if they are unavailable for training and games.
- Take due care of Club equipment.
- Know that it is acceptable to talk to the Club Children's Officer with any concerns or questions they may have.
- Adhere to acceptable standards of behaviour and C.L.G. Béal Átha'n Ghaorthaidh's Code of Conduct.
- Tell somebody else if they or others have been harmed or bullied in any way.



YOUNG PLAYERS SHOULD ENGAGE IN GOOD PRACTICE:

- Never cheat – always play by the rules.
 - Never shout at or argue with a game's official, with their Coach, their teammates or opponents and should never use violence.
 - Never use unfair or bullying tactics to gain advantage or isolate other players.
 - Never spread rumours.
 - Never tell lies about adults or other young people.
 - Never play or train if they feel unwell or are injured.
 - Never use unacceptable language or racial and/or sectarian references to an opponent, a fellow player or official by words, deeds or gesture.
 - Never consume non-prescribed drugs or performance enhancing supplements.
 - Never use a phone or any other device to record, photograph or share inappropriate images or comments of/about other team members.
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COACHES, MENTORS AND TRAINERS

All Coaches, Mentors and Trainers should ensure that young people and children benefit significantly from our games by promoting a positive, healthy and participatory approach in our work with underage players. In developing the skills levels of every player, Coaches should always encourage enjoyment and fun while ensuring meaningful participation in our games and activities. Coaches should always remember that they



are role models for the players in their care. All Coaches working with young people and children are required to be suitable for their chosen role(s), and should be appropriately trained, qualified and supported to fulfil such roles. All persons working or volunteering for such roles are required to undertake agreed vetting and background Police checks within the jurisdiction in which they work prior to undertaking their roles and to attend coaching and training courses relevant to such roles. All such Coaches must attend relevant child welfare and protection training as provided or instructed by their Governing body and must also complete a basic coach education qualification.

COACHES SHOULD MAINTAIN A CHILD CENTRED APPROACH

- Respect the rights, dignity and worth of every person.
- Treat each person equally regardless of age, gender, ability, ethnic origin, cultural background or religion.
- Be positive during coaching sessions, games and other activities so that underage players always leave with a sense of achievement and an increased level of self-esteem.
- Recognise the development needs and capacity of all underage players, regardless of their ability, by emphasising participation for all while avoiding excessive training and competition. Skills development and personal satisfaction should have priority over competition when working with underage players.



- Develop an understanding of relevant coaching methods and ensure that they have the appropriate level of coaching accreditation.
 - Do not equate losing with failure and do not develop a preoccupation with medals and trophies. The level of improvement made by underage players is the best indicator of effective coaching.
 - Avoid unnecessary physical contact with an underage player and never engage in inappropriate touching of a player.
 - Be aware that any necessary contact undertaken as part of a coaching instruction should be determined by the age and development of the player and should only take place with the permission and understanding of the player and in an open environment in the context of developing a player's skills and abilities.
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PARENTS/GUARDIANS

Parents/Guardians have an influential role to play in assisting and encouraging their children to fully participate in Gaelic Games, whether by playing our games or attending training or coaching sessions. In common with Coaches and Club personnel the Parents/Guardians of underage players should act as role models for their children as they participate in Gaelic Games

PARENTS/GUARDIANS SHOULD ENCOURAGE THEIR CHILD TO:

- Always play by the rules.



- Improve their skills levels.
- Appreciate everybody on their team, regardless of ability.
- Maintain a balanced and healthy lifestyle with regard to exercise, food, rest and play. Advice may be sought if necessary from Club officials on this issue.
- Respect their Club coaches and opponents.

PARENTS/GUARDIANS SHOULD LEAD BY EXAMPLE:

- Complete and return the registration/permission and medical consent forms for their child's participation in the Club.
- Inform the Coaches, and any other relevant Club personnel, of any changes in their child's medical or dietary requirements prior to coaching sessions, games or other activities.
- Ensure that their child punctually attends coaching sessions/games or other activities.
- Provide their child with adequate clothing and equipment as may be required for the playing of our games including for example helmets, shin guards, gum shields etc.
- Ensure that the nutrition/hydration and hygiene needs of their child are met.
- Never encourage your child(ren) to consume non-prescribed drugs or take performance enhancing supplements.
- Listen to what their child may have to say.



- Show approval whether the team wins, loses or draws a game.
- Never use a phone to record, photograph or share images of other children without express parental permission.
- Never attempt to meet their own needs and aspirations for success and achievement through their children's participation in games.

PARENTS/GUARDIANS SHOULD ASSIST THEIR CLUB BY:

- Showing appreciation to volunteers, coaches and Club officials.
- Attending training and games on a regular basis.
- Assisting in the organising of Club activities and events as requested.
- Respecting the rights, dignity and worth of every person and by treating each one equally regardless of age, gender, ability, ethnic origin, cultural background or religion.
- Not entering team dressing rooms unless deemed necessary by the team coach(es) so as to protect the privacy of other underage players.

PARENTS/GUARDIANS HAVE THE RIGHT TO:

- Know their child is safe and to make a complaint if they believe that their child's safety is in any way



- compromised.
- Be informed of problems/concerns relating to their child.
 - Be informed if their child gets injured.
 - Complain if they have concerns about the standard of coaching.
 - Have, as a member, a say in relation to decisions being made within the Club.

SUPPORTERS:

Young Players are eager to enjoy and benefit from the support they receive from parents, guardians, friends and other members of the Club who attend our games as spectators and supporters. Active, loyal and well behaved supporters are always welcome to attend and support our games but should be aware that their conduct will reflect upon the team, players and Clubs that they support and represent.

Fellow supporters have a responsibility to ensure that all spectators conduct themselves in an acceptable and well behaved manner at all times, when attending our games and competitions. Unacceptable conduct by supporters should be reported to stadium stewards or officials in charge. Supporters should realise and consider that Young Players are encouraged to



participate in Gaelic Games so that they may enjoy themselves while also improving their skills levels.

SUPPORTERS ADD TO THE ENJOYMENT OF OUR GAMES BY:

- Applauding good performance and efforts from your Club's players and from your opponents, regardless of the result.
- Condemning the use of violence in any form, be it by fellow spectators, coaches, officials or players.
- Encouraging players to participate according to the rules and the referees' decisions.
- Demonstrating appropriate behaviour by not using foul language or harassing players, coaches or officials.
- Not entering the field of play, before, during or after a game, unless specifically invited to do so by an official in charge.
- Respecting the decisions of all officials.
- Never ridiculing or scolding a player for making a mistake during games or competitions.
- Showing respect to your Club's opponents. Without them there would be no games or competitions.
- Upholding the principles of FAIR PLAY and RESPECT for all.

Contact	Info:	
Cathaoirleach:	Antoin Ó Creimín	(087) 763 9303.
Runaí:	Caoimhín Ó Buachalla	(086) 219 8064.



Cisteoir:	Julia May Uí Chríodain	(086) 351 7014.
O.C.P.	Dónal Ó Laoire	(086) 246 9212.
Oifigeach an tAois Óg:	Shane Ó Duinnín	(086) 317 4064.
Oifigeach Chosaint Leanaí	Caoimhín Ó Buachalla	(086) 219 8064.

Player Responsibility:

The following describes the responsibilities and expectations of players representing C.L.G. Béal Átha'n Ghaorthaidh.

PLAYERS SHOULD ALWAYS:

On the Field;

- Play fairly, do their best and enjoy themselves.
- Respect fellow team members.
- Support fellow team members.



- Represent their team, their Club and their family with pride and dignity.
- Be gracious in defeat and modest in victory.
 - Never cheat – always play by the rules.
- Never shout at or argue with a game's official, with their Coach, their teammates or opponents and should never use violence.
- Never use unacceptable language to an opponent, a fellow player or official by words, deeds or gesture.
- Never use a phone to record, photograph or share inappropriate images of team members. At training/Preparing for Matches.
- Respect all Coaches and Club Officials.
 - Never play or train if they feel unwell or are injured.
- Inform their Coach/Mentor/Manager in advance if they are unavailable for training and games.
- Take due care of Club equipment.
- Take due
- Adhere to acceptable standards of behaviour and C.L.G. Béal Átha'n Ghaorthaidh.
- Never use a phone to record, photograph or share inappropriate images or comments of/about other team members.

Alleged breaches of this Code may therefore be enquired into. Following any such enquiry, and where deemed necessary, sanctions or disciplinary action may be taken against those who have been proven to have breached the Code of Conduct.

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