



## **Gym Membership Disclaimer Form**

### **Liability Disclaimer for Gym Membership and Use of Equipment**

I hereby agree that if I engage in any physical exercise or activity, or use any gym amenity within the Malin GAA Club gym, I do so at my own risk. I hereby understand and acknowledge that there is a risk of injury or illness associated with participating and using the Malin GAA Club Gym. I do hereby assume full responsibility for any and all damages, injuries, or losses that I may sustain or incur, if any, while attending or participating in any exercise programme, sport or physical activity at the Malin GAA Club Gym. This also includes any injuries which may occur due to the sudden and unforeseen malfunctioning of any equipment or the slipping and/or falling while in the building, or on the premises, including adjacent sidewalks and parking areas. I hereby waive all claims against Malin GAA Club and its officials, for any and all claims for injuries and damages that I might sustain. I understand that there is a risk of injury associated with participating in any exercise programme or sports activity and I certify that I am in good physical condition and have no known disabilities that might otherwise be detrimental to my health and well-being. I certify that I have carefully read this document and fully understand that it is a release of liability. I also confirm that all of the information I have provided is correct and true